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## 1. Cockpit drill

## Safety first!

DSSSM = easy order to remember
Doors - All doors closed?

- Seat-Leg reach


Steering - Arm reach, head restraint
Seatbelts - Driver's responsibilities
Mirrors - Adjust from normal seating position
D-S-S-S-S-M

## 2．Moving off and stopping



## Prepare

Handbrake／Neutral
Start engine
Select gear
Set gas
Biting point－Feet still！

## Observe

Safety checks

| Left blind－spot <br> Left door mirror | check first |
| :--- | :--- |
| Centre mirror |  |
| Road ahead | Check as <br> Required |
| Right door mirror blind－spot |  |
| Consider a signal |  |

## Move

Release handbrake
Clutch up gently
Steer to safety－line
Mirrors

## Stopping

Choose a safe，legal and convenient place to park
Mirrors
Consider a Signal
Look well ahead to steer
Footbrake－Clutch
Handbrake－Neutral

## 3. Mirrors and blind spots

## Adjustment

Adjust mirrors from your normal seating position
Avoid touching the glass
Adjust for maximum rear view

## Use mirrors well before

Moving offSignalling
Changing direction or road position
Changing speed
Opening doors

## Method

- MSM

Quick glances

- Minimum head movement

Use mirrors in pairs

- Dipping mirrors for use at night


## Blind spots

Areas not covered by mirrors
Always check before moving off

- Consider a brief check before turning right


Flat mirror


Convex mirror


## Decision

Make your final assessment of the situation

- Proceed positively or wait if you are unsure


## Look

. Look for additional dangers around the hazard:

- Vehicles
- Pedestrians
- Obstructions


## Speed/Gear

Adjust your speed by use of the footbrake or accelerator
Slow enough to stop safely if requiredSelect the appropriate gear

## Position

Take up your road position after signalling

## Signals

Always consider a direction signal
Timing-early/late?
Without misleading
Brake lights are a signal

## Mirrors

Use more than one mirrorQuick Glances
Ask yourself if it's safe to complete your intended manoeuvre


## 5. Safe signalling

The purpose of signals

- To help other road users

To warn other road users
To alert others to your presence

## Safe signals are:

- Properly timed

Given without misleading others

## Main methods of signalling

- Direction signals

Indicators
Arm

Other methods of signalling
Warning signals
Hazard lights
Horn
Flashing headlamps
Brake lights
Fog lights
Reversing lights

## Mirrors Signal Manoeuvre



I intend to turn right


I am slowing down


I am stationary or slowing down rapidly


I am reversing or intending to reverse

## 6. Meeting vehicles

## Where?

Anywhere where the road width is restricted
Parked vehicles
Road works

- Traffic calming schemes


## Approach

Decide who has priority

- MSM

Time your approach by slowing down to fit with gaps in traffic
Decide: Wait, go or 'don't know'?

## Arrival

O If you don't know, don't go
Take up 'holdback' position when waiting
Handbrake?

## While waiting

Be alert for traffic movement all around
Keep looking for safe gap

## Proceeding

- 'POM' routine - with special attention to blind spots because of waiting position
Anticipate dangers around the obstruction
Allow adequate clearance when passing the obstruction


## General

Flashing headlamps only indicate presence make your own decision
Thank other drivers when appropriate
Cancel signals after use

## If in doubt


your shortcut to $L$ test success


## 7. Turning left



## Approaching

MSM - PSL
Early assessment
Open or Closed view?

## Arriving

Position right/left
'Give Way' - rolling gear change

- 'Stop Line' stop before changing gear
Offective observation looking for gaps
Decide to wait or go
Handbrake?
Vehicles on major road
Have priority and should not need to change speed or position


## Emerging

Check door mirrors ...
Creep and peep?
Look where you're going when steering out!

In the new road
Mirrors
Signal cancelled?
Make progress

## Look, Assess, Decide, Act

## 9. Turning right

## Mirrors

Is it safe to turn?
Check interior and door mirrors

## Signal

Timing - early/late?
Without misleading
Re-check mirrors to gauge the reaction of drivers behind

## Position

Left of centre, but allowing sufficient space for oncoming vehicles
Wait at the 'point of turn'
Allow traffic to pass on the left where there is enough space

## Speed/Gear

Slow enough to turn safely, being prepared to stop ...
Time your approach by slowing down to fit with gaps in traffic

## Wait or go?

Wait at the 'point of turn'
Keep wheels pointing straight ahead when waiting
Look for pedestrians, vehicles or other obstructions
If you can walk across ...

## Position when turning

Keep well to your own side of the road as you turn
Right door mirror before turning
Mirrors in new road - safe to accelerate?


## 10. Crossing / Allowing clearance

## Where?

Anywhere you pass in front of other vehicles

Turning right
Ahead at crossroads

## Approach

MSM - PSL
Time your approach by slowing down to fit with gaps in traffic

## Approaching vehicles

Have priority
Should not need to change speed or direction

## Decision to proceed

Could you walk across?
Is the 'new road' clear of:
Pedestrians who are crossing?
Obstructions?
Queuing vehicles?

Clearance from parked vehicles
Minimum of 1 car door's width
Reduced space? Reduce speed ..
Look for hidden dangers
Clearance for other road users
Allow cyclists room to wobble a minimum of two metres clearance
Give pedestrians a wide berth
Expect surprises!


Only a fool breaks the 'Two-Second' rule


## 11. Crossroads

## Going ahead

MSM - PSL
Look RLR + ahead
O Is the new road clear and safe to enter?
Mirrors in new road
Make progress

## Turning right

MSM - PSL on approach
Look RLR + ahead
Pass nearside, offside or give way?
Mirrors in new road
Signal cancelled?
Make progress
$\qquad$

## Turning left

Similar to T-junction
MSM - PSL on approach
Look RLR + ahead
Make eye contact with drivers opposite
Emerge when 100\% safe
Mirrors in new road
Signal cancelled?
Make progress

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## Useful clues when approaching

Road signs?
Gaps in houses?
Road markings?

## At unmarked junctions

- Never assume priority
- Priority can only be given ... Never taken
Always be prepared to give way


## 12. Traffic Lights



Stop and wait behind the stop line


Prepare to go, stay behind the stop line


## 13. Pedestrian crossings

## Approaching

Look for pedestrians on or near the crossing
MSM - Early mirror check
Slow enough to stop safely
No parking or overtaking on the zig-zag lines

## At the crossing

Wait behind Give Way/Stop line
Secure the car
O It is dangerous to beckon pedestrians to cross the road

## Proceeding

Check blind spots - someone may run onto the crossing

- Keep crossings clear in traffic queues
O Zebra: proceed when safe
- Pelican: proceed when safe at flashing amber or green light
- Puffin/Toucan/Pegasus/Combined: proceed when safe on green light
School/Police controlled: proceed when signalled to do so if safe


## Crossings with islands

Straight pelicans, puffins, toucans: treat as one crossing

- Straight zebras: treat as two crossings but with extreme caution
Otaggered crossings: treat as two crossings - watch for pedestrians who are not following the rules!



## 14. Roundabout procedure

## $-1|1|=$

## Turning left

- Signal left on approach
- Maintain signal

Keep to the left lane

## Going ahead

No signal on approach
Keep to left-hand lane
(Mirrors) Signal left as you pass the exit before the one you want

## 15. Mini roundabout

## Going ahead

No signal on approachKeep to left-hand lane
O (Mirrors) Signal left as you pass the exit before the one you want

## Location

- Safe ... Legal ...
- Convenient

Avoiding, schools, gateways, bends, junctions and any other hazard

## Approaching \& Stopping

MSM - PSL
Signal if required
Give way to approaching traffic
Watch for pedestrians - they might not be expecting you to stop on the right

- Never rush to beat approaching traffic

Stop reasonably close to the kerb - allowing space to manoeuvre when you reverse

## Reversing

All round observation (POM) before starting to reverse
Walking speed or slower
Left shoulder observation while straight-line reversing
Frequent blind-spot checks as you reverse - all around
Give way to traffic and pedestrians from any direction
Reverse straight for about three car lengths
Secure the car - re-fasten your seatbelt

## Moving off

- POM Routine

Start your observation with your right shoulder check

- Your centre mirror might not give a very good view behind - compensate by turning to look back if necessary
- Signal will often be necessary
- Traffic from the front might be hidden from view by the parked vehicle ahead
Move back to the left
Check mirrors before increasing speed


## 17 Parallel parking

## Starting position

Alongside the 'target' vehicle
Allow a car door's width clearance
Select reverse to show warning lights
Consider using the handbrake

## Reversing

All round observation before moving
Very slow walking pace
Keep looking all round while moving
Reverse to 'point of turn'

## Turning in

Check all blind spots
Steer left
$45^{\circ}$ angle to centre of space
Keep a look out for vehicles and pedestrians

## Straightening up

Steer rightGlance to the front to remain aware of your position in relation to the target vehicle

## Finishing

Steer left to straighten wheels
Aim to finish reasonably close to the kerb within two car lengths of the 'target' vehicle

## Keep a Iookout for traffic

## Ask yourself

Do I need to overtake?
Is it legal?
Can I see clearly?
Is it safe?
Are there any hidden dips or blind areas?
Am I 100\% sure?

## Approaching

Mirrors, position, speed - hang-back
Which gear?
Mirrors, signal, move out, accelerate

## Passing

Allow a minimum of 1.5 metres clearance
Look well ahead
Be prepared to drop back in an emergency

## Moving back in

Use your mirrors effectively
Maintain or increase your speed
Consider a signal
Maintain an almost straight course to move in gradually


## If in doubt ...

Don't overtake

