### Adding MSM to Commentary: Project Worksheets

For this project you will:

- Read the Method notes below
- Determine your goals for the exercise
- Practise Adding MSM to Commentary for about 30 minutes
- Continue to practise over the next few days during routine driving
- Reflect on the outcome of the practise

#### Method

For this project you will start to add detail to your commentary.

This project is designed to:

- 1. To develop your talking skills further
- 2. To develop you observation and awareness
- 3. To raise awareness of how signs and markings trigger driving routines and consolidate your use of the hazard routine

#### Every time you see a sign

- 1. Say the name of the sign out loud in a clear voice and then continue with the actions you are taking, for example: "Give Way sign ahead, checking my mirrors and signalling left, braking gently to slow down, checking the road in both directions as I brake to a halt and select a rolling first gear."
- 2. As with See it & Say it, think about the purpose of the sign asking yourself questions about:
- What?
- When?
- Where?
- How?
- Why?

#### For example:

- "What action do I need to take and how will it affect others?"
- "When do I have to start acting upon the sign?"
- "Where is the hazard indicated by the sign?"
- "How will I respond?"
- "Why do I need to respond?"

There are no 'measurements' for this project. Simply consider your goals and reflect on the exercise after you have completed it.

Your reflection will perhaps focus on the ease or difficulty of 'getting the information out' and steps to develop/improve. We suggest that you revisit/add to your initial reflection after two or three days of additional 10 minute practise sessions.

# Adding MSM to Commentary: Goals

Name: Date
The three main things that I want to achieve during my Adding MSM to Commentary it practise are:
1.
2.
3
Now consider the evidence that will tell you that you have achieved your goals. What will be different, what will you see hear and feel differently?
I will know when I have achieved the three goals above when:
4
1.
2.
3.

## Adding MSM to Commentary: Reflection

Name:	 Date	
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Use this sheet to write your reflective notes about the Adding MSM to Commentary exercise.

Your completed notes form part of the coursework required for assessment. Please contact Training Support for details of how to submit your work.

- What have you learned?
- What have you learned about yourself?
- What do you need to improve?
- Where/how will you use the learning?

But you are not limited to these points and are encouraged to write anything that is relevant for you.