

## *Adding More Detail: Project Worksheets*

For this project you will:

- Read the Method notes below
- Determine your goals for the exercise
- Practise adding more detail to your commentary for as long as it takes to start feeling natural and fluent – begin with a dedicated session of at least 30 minutes
- Reflect on the outcome of the practise

### Method

For this project you will start to add detail to your commentary.

This project is designed to help you develop fluency when giving a commentary drive.

Up to now when practising the commentary exercises you have been asking yourself questions about, for example:

- "What action do I need to take and how will it affect others?"
- "When do I have to start acting upon the sign?"
- "Where is the hazard indicated by the sign?"
- "How will I respond?"
- "Why do I need to respond?"

You will now start to add this information in out loud about signs, markings, road features, the actions of other road users and developing situations ahead. You will be starting to commentate about all of your driving.

Take care to 'stay in the present'. If you find yourself talking about things that have already happened, stop talking for a moment and restart with what's happening ahead. It might help to start this practice with 'short bursts' of less than a minute and then build your skills by lengthening the talking time.

*Your aim is to achieve something similar to the demonstration video.*

Again, there are no 'measurements' for this project. Simply consider your goals and reflect on the exercise after you have completed it.

Your reflection will perhaps focus on the ease or difficulty of 'getting the information out' and steps to develop/improve. We suggest that you revisit/add to your initial reflection after two or three days of additional 10 minute practise sessions.

## *Adding More Detail: Goals*

Name: ..... Date .....

The three main things that I want to achieve during my practise as I add more detail to my commentary:

1.

2.

3

Now consider the evidence that will tell you that you have achieved your goals. What will be different, what will you see, hear and feel differently?

I will know when I have achieved the three goals above when:

1.

2.

3.

## *Adding More Detail: Reflection*

Name: ..... Date .....

Use this sheet to write your reflective notes about adding more detail to your commentary.

Your completed notes form part of the coursework required for assessment. Please contact Training Support for details of how to submit your work.

- What have you learned?
- What have you learned about yourself?
- What do you need to improve?
- Where/how will you use the learning?

But you are not limited to these points and are encouraged to write anything that is relevant for you.