

Crossroads: Project Worksheets

For this project you will:

- Read the Method notes below
- Determine your goals for the exercise
- Initially practise crossroads for 45 minutes
- Choose route which also allows you to turn left, right and go ahead at crossroads. The route should include controlled and uncontrolled crossroads and both approaching and emerging situations.
- Make a brief key point plan for further improvement
- Reflect on the outcome of the practise

Method

Start your session by using the 'scaling' method to identify personal targets and focus your drive. *Take into account any learning from your practise with the previous junction projects.* Crossroads combines all the junction skills practises so far with the consideration of the additional road(s).

Read the achievement targets, plus any of your own, before you start each drive. After your drive, read the targets again, this time provisionally tick off those that you are happy with.

This worksheet provides space for you record your targets and results for your initial 45 minute session, choose a suburban route with as many emerge situations as you can find.

You should now be starting to habitually apply junction routines and make appropriate safety checks – with this in mind it is worth revisiting your results from previous junction projects and considering whether they are still valid.

Goals and reflection

While you will start by setting your goals for this exercise you might revisit these after completing other junction exercises. You might also reflect on goals and achievements from earlier junction practise – based on your achievements in this session.

Reflective notes are required for this project as are the 'working notes'.

Crossroads: Goals

Name: Date

The three main things that I want to achieve with regard to 'crossroads' are:

1.

2.

3

Now consider the evidence that will tell you that you have achieved your goals. What will be different, what will you see, hear and feel differently?

I will know when I have achieved the three goals above when:

1.

2.

3.

Crossroads: Achievement Targets

Name: Date

Using the scaling method, score yourself before and after your initial 45 minute drive. There are eighteen assessment criteria therefore the average score for the exercise as a whole will be the total score divided by eighteen. At the end of each session make brief key bullet point notes as a plan for improvement.

<i>When approaching crossroads:</i>	Before	After
Check my mirrors early		
Give a well-timed signal, allowing for the prevailing conditions		
Move to a safe and correct road position		
Make proper use of gears with no unnecessary downward changes		
Assess all roads at the junction as early as possible		
Time my approach to fit with gaps in approaching traffic when appropriate		
<i>When arriving at the junction I:</i>		
Actively scan all footpaths and roads for pedestrians		
Check the appropriate mirrors – for my direction of travel		
Proceed with caution if 'flashed' by an approaching driver (when appropriate)		
Consider the needs of others, for example large vehicles that may be turning		
When appropriate, make sure that the new road is clear and that I can fully complete the turn before starting to move		
Always check the 'third' road before proceeding		
<i>When turning I:</i>		
Maintain an appropriate speed and gear		
Keep looking out for other vehicles, pedestrians and cyclists		
Do not cause others to change speed or direction		
Look well into the new road to achieve smooth steering		
Maintain a correct road position (without cutting the corner when appropriate)		
Check my mirrors and make appropriate progress after turning		
Total score		
Average score (total score divided by 18)		

Action required for improvement:

Crossroads: Reflection

Name: Date

Use this sheet to write your reflective notes about your crossroads' experience so far with this exercise and other junction practise.

Your completed notes form part of the coursework required for assessment. Please contact Training Support for details of how to submit your work.

- What have you learned?
- What have you learned about yourself?
- What do you need to improve?
- Where/how will you use the learning?

But you are not limited to these points and are encouraged to write anything that is relevant for you.