

Eyesight – Project Worksheets

Name: Date

For this project you will:

- Complete some DVSA style eyesight checks
- Reflect on the outcome of the practise

Wear contact lenses or spectacles if required – if you need these to meet the standard it is a legal requirement to wear them at all times when driving.

Eyesight check No 1: Driver's eyesight test

Pace out the correct distance from a car number plate, to meet the legal minimum eyesight requirement for drivers (20.5 metres) and make sure that you can read the number easily (a good stride is approximately 1 metre).

Eyesight OK for driving?

Eyesight check No 2: Driving Instructor's eyesight test

Pace out the correct distance from a car number plate, to meet the legal minimum eyesight requirement for driving instructors (27.5 metres) and ensure that you can read the number easily. Tick the OK box when you have done this.

If you have any problem reading the number plate, from the legal minimum distance for instructors, or are only just able to read it, consult an optician without delay.

Eyesight OK for teaching

If you can read a plate from the 'driver's' distance you can still drive legally but will not be able to take the ADI Part-Two test unless you can meet the ADI Standard. Note that these are minimum requirements you should, ideally, be able to read a plate from a greater distance.

Eyesight check No 3: How far can you see?

Find a number plate that is so far away that you cannot read it. Walk towards it until you can just read it. Pace out the distance from the point at which you can read it to the vehicle and write the distance below

Maximum distance

Notes:

Eyesight: Reflection

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Use this sheet to write your reflective notes about the eyesight section and project.

Your completed notes form part of the coursework required for assessment. Please contact Training Support for details of how to submit your work.

- What have you learned?
- What have you learned about yourself?
- What do you need to improve?
- Where/how will you use the learning?

But you are not limited to these points and are encouraged to write anything that is relevant for you.