

# Hazard Routine – Project Worksheets

For this project you will:

- Read the Method notes below
- Determine your goals for the exercise
- Practise in 3x (or more) sessions of approximately one hour each
- Make a brief key point plan for further improvement
- Reflect on the outcome of the practise

## Method

Start your sessions by using the 'scaling' method to identify personal targets and focus your drive.

Read the achievement targets, plus any of your own, before you start each drive. After your drive, read the targets again, this time provisionally tick off those that you are happy with.

It may take three or four drives, or possibly sessions with a trainer, before you can consider ticking off all the targets.

To further assist your preparation for Part-Three, take along your copy of the DVSA Driving Manual. After 25 minutes driving (each drive) take a break and read about any aspect of driving that has arisen during the drive. *Are you following DVSA advice and practice?*

This worksheet provides space for you record your targets and results for 3x 1 hour practice sessions on an urban or suburban route about three to five miles long with several junctions, parked cars, pedestrian crossings, etc.

## The Routine

Remember, the easy way to develop your routine is to follow a system of:

- Mirrors
- Signal
- Position
- Speed
- Gear

Observation should be constant throughout the routine taking appropriate action as required.

Assessment: If you have an opportunity to practice with other students, ask them to assess your performance. If you don't agree with your fellow student's assessment, that's OK; but remember it's usually easier to be objective from the passenger seat.

## Goals and reflection

As there are at least three practise drives required you might have to revisit your goals after the first and or second drive, amending as appropriate.

Reflective notes are required for the project as a whole (3x drives), however, you might well benefit from taking time to formally reflect after each practise session.

The 'working notes' in this document are required for assessment by Training Support.

## *Hazard Routine Goals*

Name: ..... Date .....

The three main things that I want to achieve with regard to the hazard routine (MSM) are:

1.

2.

3

Now consider the evidence that will tell you that you have achieved your goals. What will be different, what will you see, hear and feel differently?

I will know when I have achieved the three goals above when:

1.

2.

3.

# Hazard Routine Achievement Targets Drive 1

Name: ..... Date .....

Using the scaling method, score yourself before and after each session. There are nine assessment criteria therefore the average score for the exercise as a whole will be the total score divided by nine. At the end of each session make brief key bullet point notes as a plan for improvement.

<i>I check my mirrors well before</i>	Before	After
Signalling		
Changing direction		
Changing speed (faster/slower)		
Stopping		
Take up a safe and correct road position after considering and/or giving my signal		
Approach hazards at an appropriate speed, slowly enough to stop safely when necessary		
Select the appropriate gear in good time, using selective gear changes where appropriate		
Consider each feature of the routine in the correct order		
Implement the system early enough to deal safely and efficiently with hazards		
Total score		
Average score (total score divided by 9)		

*Action required for improvement:*

## Hazard Routine Achievement Targets Drive 2

Name: ..... Date .....

Using the scaling method, score yourself before and after each session. There are nine assessment criteria therefore the average score for the exercise as a whole will be the total score divided by nine. At the end of each session make brief key bullet point notes as a plan for improvement.

<i>I check my mirrors well before</i>	Before	After
Signalling		
Changing direction		
Changing speed (faster/slower)		
Stopping		
Take up a safe and correct road position after considering and/or giving my signal		
Approach hazards at an appropriate speed, slowly enough to stop safely when necessary		
Select the appropriate gear in good time, using selective gear changes where appropriate		
Consider each feature of the routine in the correct order		
Implement the system early enough to deal safely and efficiently with hazards		
Total score		
Average score (total score divided by 9)		

*Action required for improvement:*

## Hazard Routine Achievement Targets Drive 3

Name: ..... Date .....

Using the scaling method, score yourself before and after each session. There are nine assessment criteria therefore the average score for the exercise as a whole will be the total score divided by nine. At the end of each session make brief key bullet point notes as a plan for improvement.

<i>I check my mirrors well before</i>	Before	After
Signalling		
Changing direction		
Changing speed (faster/slower)		
Stopping		
Take up a safe and correct road position after considering and/or giving my signal		
Approach hazards at an appropriate speed, slowly enough to stop safely when necessary		
Select the appropriate gear in good time, using selective gear changes where appropriate		
Consider each feature of the routine in the correct order		
Implement the system early enough to deal safely and efficiently with hazards		
Total score		
Average score (total score divided by 9)		

*Action required for improvement:*

## *Hazard Routine: Reflection*

Name: ..... Date .....

Use this sheet to write your reflective notes about your driving experience using a routine approach so far with this exercise.

Your completed notes form part of the coursework required for assessment. Please contact Training Support for details of how to submit your work.

- What have you learned?
- What have you learned about yourself?
- What do you need to improve?
- Where/how will you use the learning?

But you are not limited to these points and are encouraged to write anything that is relevant for you.