

Overtaking: Project Worksheets

For this project you will:

- Read the Method notes below
- Determine your goals for the exercise
- Practise as outlined in the method notes
- Reflect on the outcome of the practise

Method

Project Part 1:

The first of three overtaking projects involves simply practising the routine.

On a stretch of dual-carriageway, practise using the method outlined in this section overtake as many cars as possible, moving back in to the left after completing each manoeuvre (as if on a two-way road).

By practising in this way, you can get used to the routines, speed and overtaking distances required without having to consider approaching vehicles.

Project Part 2:

Go out for a couple of one hour sessions practising overtaking on an open 'A' class road. The object of your practice is to safely overtake as many vehicles as possible.

Note: It is important that you practice the method outlined in this course - if you have a low powered car, the opportunities to overtake will be fewer. During the ADI Driving test you will only be expected to overtake if and where it is safe and appropriate to do so allowing for the capabilities of vehicle that you are driving. In theory this might mean that if you were taking your test in a high powered sports car you might be expected to make an overtake that would not be expected if you were in a base level Ford Focus or similar. In practise, unless you encounter a very slow moving vehicle it isn't likely that you will need to overtake on a two-way road during your test.

Project Part 3:

Because it is important to know how much power you have available in order to maximise safe overtaking opportunities this is a 'getting to know your car' exercise.

You simply have to find a safe location to drive your car up to its maximum speed in each gear, providing that you can do this without breaking the speed limit. Your handbook will give information about the maximum safe speed in each gear.

If you have a rev counter, briefly take the needle to the start of the red line in each gear.

Goals and reflection

List your goals as a series of targets; research 'Driving, essential skills' and DriverActive as required while determining the targets.

We suggest that you complete the first part of the project before writing the targets for the second part. We don't ask for the 'when will I know' information in this project – simply reflect on your achievements.

You do not have to write targets for the third part of the project, however you should reflect on your experience.

Reflective notes are required for this project as are the 'working notes'.

Overtaking Project 1: Goals

Name: Date

Make a list of your achievement targets for this exercise; after the exercise return to your list and scale yourself against each of the targets.

Overtaking Project 1: Reflection

Name: Date

Use this sheet to write your reflective notes about your initial dual-carriageway overtaking practise.

Your completed notes form part of the coursework required for assessment. Please contact Training Support for details of how to submit your work.

- What have you learned?
- What have you learned about yourself?
- What do you need to improve?
- Where/how will you use the learning?

But you are not limited to these points and are encouraged to write anything that is relevant for you.

Overtaking Project 2: Goals

Name: Date

Make a list of your achievement targets for this exercise; after the exercise return to your list and scale yourself against each of the targets.

Overtaking Project 2: Reflection

Name: Date

Use this sheet to write your reflective notes about your two-way road overtaking practise.

Your completed notes form part of the coursework required for assessment. Please contact Training Support for details of how to submit your work.

- What have you learned?
- What have you learned about yourself?
- What do you need to improve?
- Where/how will you use the learning?

But you are not limited to these points and are encouraged to write anything that is relevant for you.

Overtaking Project 3: Reflection

Name: Date

Use this sheet to write your reflective notes about your 'hard acceleration' practise.

Your completed notes form part of the coursework required for assessment. Please contact Training Support for details of how to submit your work.

- What have you learned?
- What have you learned about yourself?
- What do you need to improve?
- Where/how will you use the learning?

But you are not limited to these points and are encouraged to write anything that is relevant for you.