Right Reverse: Project Worksheets

For this project you will:

- Read the Method notes below
- Determine your goals for the exercise
- Initially practise reversing right for 20 to 40 minutes
- Make a brief key point plan for further improvement
- · Reflect on the outcome of the practise

Method

This project is almost identical to reversing left, however, there are slightly different observation methods that require looking over each shoulder in turn to help maintain accuracy, you also have to keep in mind that you will be on the 'wrong' side of the road.

Spend as much time as necessary to become consistently accurate. Between twenty and forty minutes is essential to achieve/assess this – some students will need longer.

Quiet suburban roads, or off road areas, are ideal for reversing manoeuvres. It is probably better to start with 'round' corners; however, you need to gain experience of both square and round corners.

When choosing a location it is generally best to avoid crossroads. Crossroads present an unnecessarily high risk level and the consequent high task demand with regard to observation.

When you are easily able to meet the accuracy targets move on to a slightly busier location so that you are 'forced' to keep a good look out for other road users. Start your sessions by using the 'scaling' method to identify personal targets and focus your drive.

Read the achievement targets, plus any of your own, before you start reversing. And again after a couple of reverses; provisionally tick off those targets that you are happy with. It may quite a few attempts, or sessions with your trainer, before you can consider ticking off all the targets.

To further assist your preparation for Part-Three, take along your copy of the DVSA Driving Manual. After 15 minutes, take a break and read about reversing to the right – are you following DVSA advice and practice?

Goals and reflection

Start by setting your goals for this exercise, revisiting them after completing other manoeuvring projects.

Reflective notes are required for this project as are the 'working notes'.

Right Reverse: Goals			
Name: Date			
The three main things that I want to achieve with regard to reversing to the right are:			
1.			
2.			
۷.			
3			
Now consider the evidence that will tell you that you have achieved your goals. What will be different, what will you see, hear and feel differently?			
I will know when I have achieved the three goals above when:			
1.			
2.			
3.			

Right Reverse: Achievement Targets

Using the scaling method, score yourself before and after your initial 20/40 minute practise. There are twelve assessment criteria therefore the average score for the exercise as a whole will be the total score divided by twelve. At the end of each session make brief key bullet point notes as a plan for improvement.

Topic	Score Before	Score After
Before reversing into a side road on the right I always:		
Consider the safety and convenience of the location		
Take effective observation before moving off from the start position before the side road. Take the same precautions as you would when moving off normally but allow for the fact that you will slowing down and moving to the right to stop very soon – this might mean that you need a larger gap in traffic.		
Check that the road into which I intend to reverse is clear of obstructions for at least five or six car lengths from the junction. Look for anything that might prevent you from completing the reverse manoeuvre safely.		
Take care with signal timing to ensure that other road users don't think that I intend to turn right.		
Pull up two to three car lengths beyond the corner, well within 70 centimetres (2 feet) of the kerb.		
When reversing to the right, I always:		
Look all around before starting to reverse. This means checking the road and footpaths by looking ahead, using mirrors and looking back over both shoulders. Do not proceed until it is absolutely safe to do so.		
Reverse slowly, keeping full control of the car. The speed at which you reverse will depend upon your skill, the corner, the road conditions and the vehicle. With this, and all other set manoeuvres, you must drive slowly enough to maintain proper observation all around.		
Glance around frequently to check other road users. Make frequent checks to the front and sides while reversing. This is especially important before starting to turn the steering wheel.		
Keep within 70 centimetres (2 feet) of the kerb. This is your maximum reasonable distance from the kerb. As an expert driver, you should be aiming to keep well within this distance.		
Reverse until I am a minimum of five car lengths from the junction. You must go back far enough to clear the junction so that you do not cause inconvenience to other traffic.		
Look behind while stopping. Many experienced drivers turn around and look to the front before stopping and travel up to one car length or more without looking where they are going.		
Move off safely after the exercise. Make sure that you are particularly careful about vehicles approaching from the front It may be prudent to signal left before moving off, particularly if forward vision is restricted.		
Total score		
Average score (total score divided by 12)		

Action required for improvement:

Right Reverse: Reflection

Use this sheet to write your reflective notes about your right reverse experience.

Your completed notes form part of the coursework required for assessment. Please contact Training Support for details of how to submit your work.

- What have you learned?
- What have you learned about yourself?
- What do you need to improve?
- Where/how will you use the learning?

But you are not limited to these points and are encouraged to write anything that is relevant for you.