

Moving off & Stopping - answers

How can you teach moving off and stopping as two separate subjects with the same lesson?

Practise moving off a few times while using the dual-controls to demonstrate the stopping method and procedure (MSM). Then allow the learner to stop from 10/15 mph.

Suggest three key questions that you could at the start of a moving off and stopping lesson with a learner who already know about the car's controls.

Are you able to complete your cockpit-drill without help?

Did you start the engine on your last lesson?

Is there anything that you want to ask me about before we start?

List the key points that you would cover in a moving off and stopping lesson.

Moving off:

Starting the engine safely

Selecting first gear.

Setting the gas.

Finding the clutch biting point.

Making effective observation before moving off (including blind spots)

Signalling where necessary and correctly before moving off

Releasing the handbrake

Coordinating the gas pedal and clutch when moving from a standstill

Steering to a safety line

Stopping:

Stop smoothly without pitching forward

Co-ordinate use of footbrake and clutch when stopping

Secure the car after stopping when appropriate (handbrake/neutral)

Recognise a safe and legal position to stop

Stop the car parallel to the kerb

Give an appropriate signal before stopping when required

What is the 'POM' routine and when would you teach it?

Prepare - Observe - Move

This is the routine that can help pupils to remember the moving off sequence.