

# Training Outcomes - What do you want?

Name: ..... Date .....

Use this worksheet as directed in the (Section 1) Self- Evaluation Unit to explore the main things that you want to gain from each specific unit of this course.

Course unit: .....

Date: .....

## Outcomes

What are the three main things that I want to gain from this specific aspect of my training?

1.

2.

3.

## Evidence

How will I know when I have achieved my goals (above)?